

DENTAL HYGIENE

TEAS PREP GUIDE

The TEAS admission test consists of four sections with a total of 170 questions. The total testing time is up to 209 minutes. The Dental Hygiene at VWCC uses the TEAS for admission. Though there is no minimum score requirement, DH puts an emphasis on high reading comprehension scores. The purpose of this guide is to provide resources and tips to help you be prepared to take this important test and bring you closer to your goal of being a dental hygienist!



Overall Resources

Free Online Resources

- [Smart Edition- TEAS Prep Video Playlist](#)
- [Khan Academy](#)

Free Practice Tests

- [ATI- Free Condensed Practice Test](#)
- [Mometrix- TEAS Practice Test](#)
- [NurseHub- TEAS Practice](#)
- [Smart Edition- TEAS Practice](#)
- [Study.com- Practice test](#)
- [Test Prep Review- Practice Test](#)

\$ Books with Practice Tests \$

- [Mometrix- Study Guide with practice tests](#)
- [ATI- Official TEAS Prep book](#)
- [Smart Edition- TEAS Prep Book with Practice Tests](#)

\$ Courses \$

- [Smart Edition- TEAS Prep Course](#)
- [Study.com- TEAS Guide and Prep course](#)

Reading

45 questions; time allotted is 55 minutes. This section covers the following content:

- Key ideas and details
- Craft and structure
- Integration of knowledge and ideas

Reading Resources:

- [SMART Edition](#)
- [Test Prep Review- Reading Practice Test](#)
- [Lumen Learning- Main Ideas and Supporting Details](#)
- [Khan Academy- Using Context Clues to Figure Out New Words](#)
- [TEAS Reading Comprehension Video](#)
- [Lumen Learning- Making Inferences](#)
- [Wisc-Online Game Based Learning](#)

Science

50 questions; time allotted is 60 minutes. The test measure's the candidate's knowledge of science in the following areas:

- Human anatomy and physiology
- Biology
- Chemistry
- Scientific reasoning

Science Resources:

- [Smart Edition Nursing: Science Section Review](#)
- [Get Body Smart- Interactive](#)
- [Khan Academy- Human Body Systems Introduction](#)
- [Purpose Games -Medicine](#)
- [University of Minnesota- Web Anatomy](#)
- [Anatomy Arcade- WhackABone](#)
- [Youtube: CrashCourse Physiology Playlist](#)
- [OpenStax- A&P](#)
- [Wisc-Online Game Based Learning](#)
- [Visible Body](#)
- [Video- Core Concept: The Cell](#)
- [Bozeman Science Videos](#)
- [Science Review Game Zone](#)
- [Khan Academy- Science](#)

Math

38 questions; time allotted is 57 minutes. The test measures the candidate's ability to apply mathematical principles to the following areas:

- Numbers and algebra
- Measurement and data

Math Resources:

- [Smart Edition Nursing: Math Section Overview](#)
- [DH Pre-Requisite Math Review](#)
 - [Answer Key](#)
- [Germannan- Order of Operations and Signed Numbers](#)
- [Germannan- Divisibility Rules](#)
- [Germannan- Squares, Cubes, and Their Roots](#)
- [Germannan- Radicals and Fractional Exponents](#)
- [Germannan- Introduction to Fractions](#)
- [Germannan- Decimals, Fractions, and Percents](#)
- [Germannan- Metric Conversions](#)
- [Germannan- Resources for Reviewing Basic Math Skills](#)
- [Germannan- Introduction to Word Problems](#)
- [Pre-Algebra Tutorials](#)
- [Khan Academy- Algebra Basics](#)
- [Wisc-Online Game Based Learning](#)

English and Language Usage

37 questions; time allotted is 37 minutes. Candidates will be asked questions based on:

- Conventions of standard English
- Knowledge of language
- Using language and vocabulary to express ideas in writing

Writing Resources:

- [Smart Edition Nursing: Writing Section Overview](#)
- [Germannanna- Comma Rules](#)
- [Germannanna- Verb Tenses](#)
- [Germannanna- Guide to English Grammar](#)
- [Germannanna- Helpful Resources for ESL Nursing Students](#)
- [Mometrix English Language Usage Practice](#)
- [Khan Academy- Grammar](#)

Critical Thinking

The critical thinking section is not an active test section. This score is made up of a select number of questions throughout the exam that measure your ability to think critically, which is an essential skill in Nursing. While you can't actively prepare for this section, you can develop strategies to work on this skill for the test and beyond!

Critical Thinking Resources:

- [Pearson- Critical Thinking and Clinical Reasoning](#)
- [Khan Academy- Scientific Method](#)
- [Critical Thinking Workbook](#)

Test-Taking Skills

Learning the art of test-taking is another challenge in and of itself. Going in with confidence and freshness is ESSENTIAL for this test. You have made it this far in your journey to be a nurse and we want you to be as prepared as possible for this next step. Below are some resources to help you develop these skills further.

Online Resources:

- [Harvard- Test taking Tips](#)
- [Wichita State University- Test Taking](#)
- [Oregon State University- Less Stress](#)
 - [Improve Performance](#)

Virginia Western Resources

- [Brown Library- Smart Studying Info Guide](#)
- [Brainfuse- Tile on MYVWCC](#)
- ESL Coaching/Academic Success Coaching, Brown Library 1st Floor
Hours: Tuesday & Thursday: 9:30 AM – 2:30 PM; Wednesday: 2 – 7 PM