

KAPLAN PREP GUIDE

The Admissions Test consists of four sections with a total of 91 questions. The total testing time is up to 165 minutes. At Virginia Western Community College, you must score at least a 45% in each section (including critical thinking) in order to be eligible for the Traditional AAS Nursing program and the LPN to RN Bridge program. The purpose of this guide is to provide resources and tips to help you be prepared to take this important test and bring you closer to your goal of becoming a nurse!



Overall Resources

Free Online Resources

- [Kaplan Admission Test Sample Questions](#)
- [Khan Academy](#)
- [Passing the Kaplan Entrance Exam- Testimony](#)
- [Smart Edition- KNAT Resources](#)

Free Practice Tests

- [Smart Edition KNAT Practice Test](#)

\$ Books with Practice Tests \$

- [Amazon: Nursing School Entrance Exams Prep](#)
- [Amazon: Mometrix Kaplan Nursing Test Prep](#)

\$ Courses \$

- [KNAT Smart Edition Study Course](#)
- [Study.com Kaplan Nursing Exam Study Guide](#)

Community Resources

- [KNAT Facebook Study Group](#)

Reading

22 questions; time allotted is 45 minutes. Candidates read four passages and answer questions that measure essential skills required for reading. For this section, students must be able to:

- Determine the logic of a passage
- Comprehend details
- Draw basic inferences
- Identify the purpose of a passage

Reading Resources:

- [Smart Edition Nursing- Reading Section Overview](#)
- [Test Prep Review- Reading Practice Test](#)
- [Lumen Learning- Main Ideas and Supporting Details](#)
- [Khan Academy- Using Context Clues to Figure Out New Words](#)
- [McGraw Hill- Fact and Opinion Exercise](#)
- [Lumen Learning- Making Inferences](#)
- [Wisc-Online Game Based Learning](#)

Science

20 questions; time allotted is 30 minutes. The test measure's the candidate's knowledge of physiology in the following areas:

- Cardiovascular system
- Electrolytes
- Gastrointestinal system
- Immune system
- Nervous System
- Renal System
- Hematological system
- Homeostasis
- Respiratory system
- Sensory system

Science Resources:

- [Smart Edition Nursing: Science Section Review](#)
- [Get Body Smart- Interactive](#)
- [Khan Academy- Human Body Systems Introduction](#)
- [Purpose Games -Medicine](#)
- [University of Minnesota- Web Anatomy](#)
- [Anatomy Arcade- WhackABone](#)
- [Youtube: CrashCourse Physiology Playlist](#)
- [OpenStax- A&P](#)
- [Wisc-Online Game Based Learning](#)
- [Visible Body](#)

Math

28 questions; time allotted is 45 minutes. The test measures the candidate's ability to apply mathematical principles to the following areas:

- Conversions
- Fractions
- Ratios
- Word Problems

Math Resources:

- [Smart Edition Nursing: Math Section Overview](#)
- [Pre-Requisite Math Practice Test](#)
 - [Answer Key](#)
- [Germannanna- Order of Operations and Signed Numbers](#)
- [Germannanna- Divisibility Rules](#)
- [Germannanna- Squares, Cubes, and Their Roots](#)
- [Germannanna- Radicals and Fractional Exponents](#)
- [Germannanna- Introduction to Fractions](#)
- [Germannanna- Decimals, Fractions, and Percents](#)
- [Germannanna- Metric Conversions](#)
- [Germannanna- Resources for Reviewing Basic Math Skills](#)
- [Germannanna- Introduction to Word Problems](#)
- [Pre-Algebra Tutorials](#)
- [Khan Academy- Algebra Basics](#)
- [Wisc-Online Game Based Learning](#)

Writing

21 questions; time allotted is 45 minutes. Candidates read nine passages and answer questions that measure the essential skills required for writing:

- Assessing passage development
- Assessing paragraph logic
- Assessing mechanics of writing

Writing Resources:

- [Smart Edition Nursing: Writing Section Overview](#)
- [Germannan- Comma Rules](#)
- [Germannan- Verb Tenses](#)
- [Germannan- Guide to English Grammar](#)
- [Germannan- Helpful Resources for ESL Nursing Students](#)
- [Mometrix English Language Usage Practice](#)
- [Khan Academy- Grammar](#)

Critical Thinking

The critical thinking section is not an active test section. This score is made up of a select number of questions throughout the exam that measure your ability to think critically, which is an essential skill in Nursing. While you can't actively prepare for this section, you can develop strategies to work on this skill for the test and beyond!

Critical Thinking Resources:

- [Pearson- Critical Thinking and Clinical Reasoning](#)
- [Khan Academy- Scientific Method](#)
- [Critical Thinking Workbook](#)

Test-Taking Skills

Learning the art of test-taking is another challenge in and of itself. Going in with confidence and freshness is ESSENTIAL for this test. You have made it this far in your journey to be a nurse and we want you to be as prepared as possible for this next step. Below are some resources to help you develop these skills further.

Online Resources:

- [Harvard- Test taking Tips](#)
- [Wichita State University- Test Taking](#)
- [Oregon State University- Less Stress](#)
 - [Improve Performance](#)

Virginia Western Resources

- [Brown Library- Smart Studying Info Guide](#)
- [Brainfuse- Tile on MYVWCC](#)
- ESL Coaching/Academic Success Coaching, Brown Library 1st Floor
Hours: Tuesday & Thursday: 9:30 AM – 2:30 PM; Wednesday: 2 – 7 PM